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Happy Cinco de Mayo!

Cinco de Mayo is the observance & celebrations of the Mexican culture. Traditional Mexican food, music and dance embody the essence of the holiday. But, the celebration of Cinco de Mayo commemorates the historic victory of the Mexicans over the French during the battle of Pueblo in , which was lead by General Ignacio Zaragoza Seguini. All around the world, people celebrate Cinco de Mayo in their own way. A relatively minor holiday in Mexico, in the United States Cinco de Mayo has evolved into a celebration of Mexican culture and heritage, particularly in areas with large Mexican-American populations. Cinco de Mayo traditions include parades, mariachi music performances and street festivals in cities and towns across Mexico and the United States. Chicano activists raised awareness of the holiday in the 1960s, in part because they identified with the victory of indigenous Mexicans over European invaders during the Battle of Puebla. To-day, revelers mark the occasion with parades, parties, mariachi music, Mexican folk dancing and traditional foods such as tacos and mole poblano. Some of the largest festivals are held in Los Angeles, Chicago and Houston.











15 Things to Do on a Lazy Day

How do you normally spend your lazy days? Here are 15 ways you can make the most of your lazy Sunday afternoon. There's something for everyone: from pleasurable pastimes for those who like to have fun, chill out and sayour the last few hours of their weekend; to easy and effortless tasks for those who prefer to get their house and life in order for the start of the new week; plus a few activities that fall somewhere in-between.

- 1. Write a bucket List
- 2. Find a day party in your area, and hit the scene with your friends.
- 3. Watch a movie you've seen 100 times.
- 4. Try potting a plant.
- Have a spa day. Your male counterpart may not wish to indulge in a mani and pedi. So, entice them to join you in a couples face mask or massage.
- 6. Go for a bike ride
- 7. Invite friends over for brunch, or cocktails, if it's late in the afternoon.
- 8. Be a tourist in your own city. Find the hot spots in your town and spend the day acting like tourists. Goofy pictures and all!
- 9. Have a picnic
- 10. Got to a sporting event in the area.
- 11. Bake ooey-gooey cinnamon buns. Recipe found at www.allrecipes.com.
- 12. Go thrifting and make it a game. You each take \$5 and see who comes out with the better bargain.
- 13. Paint an accent wall.
- 14. Attend a free concert.
- 15. Take a stroll in your nearest park.

Today in History

- In 1812, Louisiana became the 18th state in the United States.
- On this day in 1945, holed up in a bunker under his headquarters in Berlin, Adolf Hitler commits suicide by swallowing a cyanide capsule and shooting himself in the head.
- In 1975, the Vietnam War ended with South Vietnam's surrender to North Vietnam.

Mother's Day in the City

Looking for a special way to spend Mother's Day this year? Here are some ideas of ways to spend some family time with mom on Mother's Day in Washington, DC, Maryland and Northern Virginia. Many area restaurants offer a Mothers Day brunch with all the trimmings. Here are some recommendations for great places to enjoy a nice meal with the whole family

701 Restaurant - 701 Pennsylvania Ave. NW Washington, DC. (202) 393-0701. Mothers Day Brunch with live jazz and outdoor seating overlooking the Navy Memorial fountains. Three-course menu, \$55 per person and \$27.50 for children 12 and under. Standout dishes include Maryland Crab Cake with pickled ramp remoulade and fennel slaw; Beet Parfait, yogurt, coffee oil, pecan granola and wild flower honey; Poached Cod with charred leeks, fava beans and miso leek emulsion; Suckling Pig Confit with rice grits, kumquat jam and kimchi, as well as, Butter Poached Lobster with quinoa risotto, asparagus and green curry. Valet parking is \$8 per car.

The Washington DC area has lots of great places to enjoy the beauty and fresh fragrance of beautiful plants and flowers. Here is a guide to the top gardens in the Washington, DC/Capital region.

U. S. Botanic Gardens

On the National Mall, next to the Capitol Building, 245 First St., SW Washington, DC. (202) 225-8333. See plants from all around the world. A large part of these gardens are located indoors in the newly renovated Conservatory, providing a great activity for hot or rainy weather.

Hillwood Museum and Gardens

4155 Linnean Avenue, NW, Washington, DC. (202) 686-8500. The gardens of the mansion of Marjorie Merriweather Post, the heir to the Post cereal fortune, contain more than 3,500 varieties of plants and trees. Hillwood features a restored Japanese garden with a waterfall and bridge, a rose garden, and greenhouses containing more than 5,000 orchids.

A Little Office Humor

MISTAKES ON A RESUME

"Personal: I'm married with 9 children. I don't require prescription drugs.

"I am extremely loyal to my present firm, so please don't let them know of my immediate availability."

"Qualifications: I am a man filled with passion and integrity, and I can act on short notice. I'm a class act and do not come cheap."

"I intentionally omitted my salary history. I've made money and lost money. I've been rich and I've been poor. I prefer being rich."

"Note: Please don't misconstrue my 14 jobs as 'jobhopping'. I have never quit a job."

"Marital Status: Often. Children: Various."

REASONS FOR LEAVING MY LAST JOB:

"Responsibility makes me nervous."

"They insisted that all employees get to work by 8:45 every morning. Couldn't work under those conditions."

"Was met with a string of broken promises and lies, as well as cockroaches."

"I was working for my mom until she decided to move."

"The company made me a scapegoat - just like my three previous employers."

Per Scholas Open House

Per Scholas is hosting an OPEN HOUSE event for individuals who are looking to pursue a career in Information Technology. The CompTIA A+ certification training is absolutely free to you, but, you must possess the basic requirements for the course.

- Available to attend classes between 9am-4pm (Monday-Friday)
- 18 or older
- High School diploma or equivalent
- Reading and Math skills at 10th grade level or higher
- U.S. citizen or authorized to work in the U.S.
- Criminal record

People who are passionate about technology and are motivated to pursue an IT career immediately after training should apply. For more information contact the Per Scholas team at nationalcapitalregion@perscholas.org or 301-557-9200

National Associates, Inc. is always looking for qualified individuals to join our team.Tell a friend, to tell a friend to send their resume to info@naipersonnel.com or visit us on the web at www.naipersonnel.com to view all of our current job opportunities.